

Referral to Treatment: Internal and external resources

- Internal BMC Resources

Resource	Description	Contact Information
<u>GIM IBH Team</u>	<ul style="list-style-type: none"> ▪ Social work (SW) clinicians, psychologists, and psychiatric NPs and MDs collaborate with GIM PCP's to evaluate and provide focused treatment of mental health conditions and substance use disorders ▪ IBH team members may refer patients with long-term needs to the Dowling Adult Behavioral Health Clinic. 	<p>Available for warm-handoffs -SW pager: 3040 (5th floor) -pager: 4050 (6th floor)</p> <p>Epic Referral: document reason for referral in note and on referral</p>
<u>Dowling Adult Behavioral Health Clinic</u>	<ul style="list-style-type: none"> ▪ Individual and group psychotherapy and psychopharmacological treatment to patients ▪ If you are not sure where to refer the patient, please discuss the case with an IBH staff member <p>A referral that does not go through IBH will require: Step # 1 - An orientation visit Step #2 - An intake visit Step #3 - Ongoing care with appropriate clinical team in Dowling</p>	<p>Epic Referral</p> <p>General Clinic ext. 4-4238</p> <p>Discharge Clinic ext. 4-4252 (for new or established patients discharged from mental health hospitalizations. Voicemail gets checked multiple times a day)</p> <p>If patients who are already followed in Dowling need a same day appointment, they can call ext. 4-5245 or 4-4238 at 7:30 am</p>
<u>Office Based Addiction Treatment (OBAT)</u>	OBAT nurse care managers partner with buprenorphine-waivered MDs and NPs to provide medication for addiction treatment (MAT) for patients with opioid and alcohol use disorder.	<p>Epic Referral</p> <p>Program screener ext.4-6926</p> <p>Available for warm-handoffs – Susan Dickerman (OBAT Care Coordinator; pager 1064, ext. 4-4123)</p>
<u>CATALYST Clinic</u>	<ul style="list-style-type: none"> ▪ The CATALYST clinic is a program designed to treat young people aged 25 and under who are struggling with substance use ▪ Services include assessment and diagnosis of SUDs, treatment of SUDs using suboxone and naltrexone, patient navigation, and primary care access 	<p>Epic Referral</p> <p>Ext. 4-6655</p>

<u>Project ASSERT</u>	<ul style="list-style-type: none"> Housed in the ED, Project ASSERT can connect patients to substance abuse treatment The program's Health Promotion Advocates (HPAs) use motivational interviewing to assess patient's readiness to cut down their substance use and help develop a behavior change action plan 	<p>Ext. 4-4388</p> <p>850 Harrison Ave Ground Floor, Room G301</p> <p>Hours: 9:00 AM - 12:00 AM Sunday-Saturday, including holidays</p>
<u>Project Respect</u>	Care during and after pregnancy for women with substance use disorders from a team of OB-GYNs, social workers, and mental health experts.	<p>For questions about pregnancy or medications: Ext. 4-4165</p> <p>For prenatal care, social work & mental health appointments: Ext. 4-6376 Yawkey Center 850 Harrison Ave, 5th floor</p>
<u>Faster Paths to Treatment</u>	Faster Paths to Treatment is BMC's substance use disorder urgent care center where individuals can walk-in and receive services including referrals to treatment, assessment for medication assisted treatment, harm reduction education, and case management.	<p>Ext. 4-4580</p> <p>Yawkey Center 850 Harrison Ave, 1st floor Hours: 8:00AM - 4:30PM Monday-Friday</p>
<u>Grayken Center for Addiction</u>	The Grayken Center serves as the umbrella for all of BMC's work in addiction including treatment, training, research and prevention.	Please call 617-414-6926

▪ External Community Resources

Resource	Description	Contact Information
<u>Massachusetts Substance Use Helpline</u>	<ul style="list-style-type: none"> The Helpline is the only statewide, public resource for finding substance use treatment and recovery services Services are free and confidential 	<p>Phone: 1-800-327-5050</p> <p>https://helplinema.org</p>
<u>PAATHS</u>	PAATHS (Providing Access to Addictions Treatment, Hope, and Support) is a walk-in center for individuals looking for information about or access to substance use treatment services	<p>Walk-in site at 774 Albany St (across the street from Shapiro)</p> <p>Navigators are available to provide phone support and trainings upon request</p> <p>Questions: 617-534-5554</p>
<u>AHOPE</u>	AHOPE (Access, Harm Reduction, Overdose Prevention and Education) is a harm reduction and needle exchange site providing services including HIV/Hepatitis/STI testing, overdose prevention	<p>Walk-in site at 774 Albany St (across the street from Shapiro)</p> <p>Questions: 617-534-3976</p>

	education, risk reduction counseling, and referrals to substance abuse treatment for active drug users.	
<u>Boston Emergency Services Team (BEST)</u>	Crisis evaluation and treatment services, including an Urgent Care Clinic. BEST primarily serves patients in Boston, Brookline, Chelsea, Revere and Winthrop, but if you are located in another community, BEST will provide you with information about a center near you. BEST can also do evaluations in the community or home when needed.	Phone: 1-800-981-4357 Urgent Care Center is located at: Solomon Carter Fuller Building 85 East Newton St Boston, MA 02118