



BOSTON MEDICAL CENTER HEALTH SYSTEM How to order a Psychiatry E-Consult in GIM/Adult Primary Care

IBH Psychiatry e-Consults will be available to GIM PCPs starting January 18, 2023.

What are Psychiatry e-Consults?

e-Consults are an inter-professional assessment performed without patient contact (i.e., based on chart review only).

- If you are looking for a one-time, direct evaluation with detailed management recommendations by a psychiatrist, please place a referral to IBH Psychiatry instead.
- If you are looking for longitudinal medication management by a psychiatrist, please place a referral to Adult Outpatient Psychiatry instead.

E-consults will be completed within 3-5 business days of request; may be able to be completed sooner on an as-needed basis.

E-consults require patient consent and may be billed to the patient's insurance company with standard patient co-pay/co-insurance as applicable.

How do I know if a patient is appropriate for Psychiatry e-Consult?

The following are examples of appropriate questions for IBH Psychiatry e-Consult:

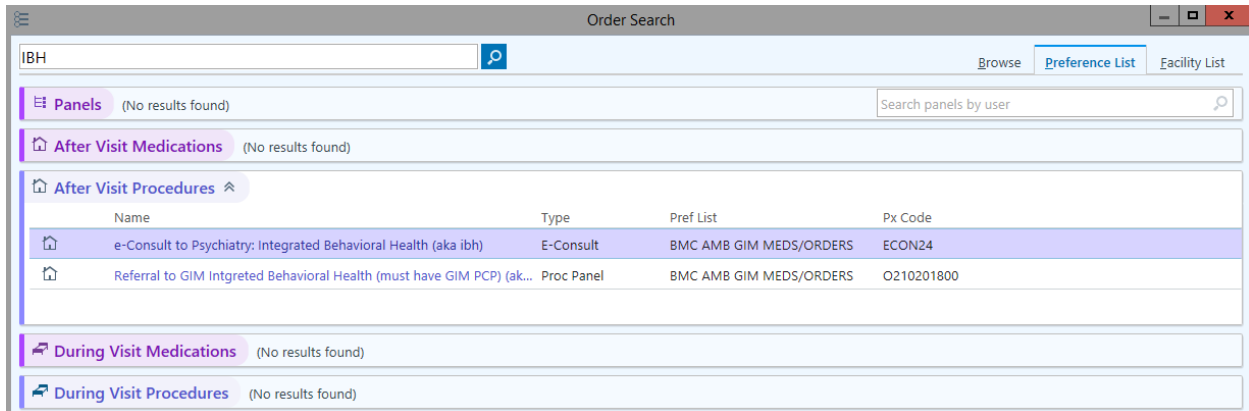
- Medication titration or dosing question for known diagnosis (e.g., previously diagnosed ADHD; recent transfer of care to GIM)
- Alternative medication options for known diagnosis
- Adverse effect management

If you are uncertain if a question is appropriate for e-Consult, please feel free to page the IBH med pager (x0237) to check in with the IBH team.

Please also see the separate "Psychopharmacology Pathways" summary table for more information about e-Consults and other IBH and outpatient psychiatry services.

How do I order a Psychiatry e-Consult?

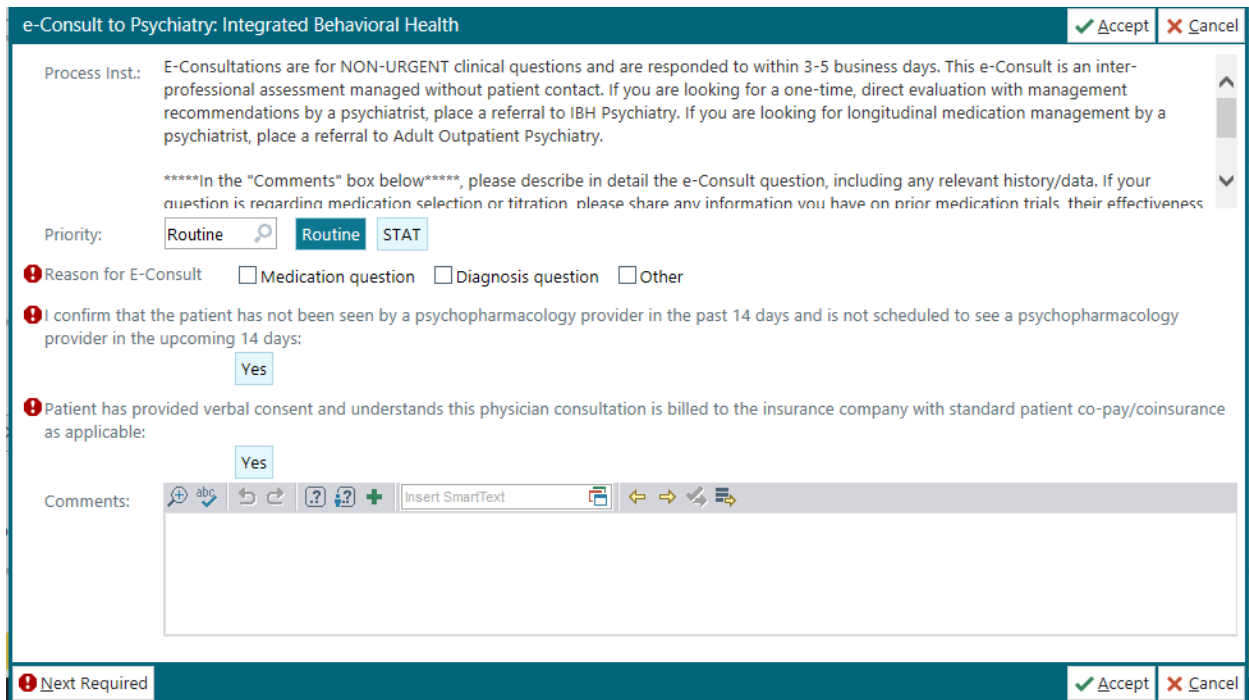
1. Search for “IBH” in Orders. The e-Consult order is called *e-Consult to Psychiatry: Integrated Behavioral Health*.



The screenshot shows the 'Order Search' window with 'IBH' entered in the search bar. The results are categorized into Panels, After Visit Medications, After Visit Procedures, During Visit Medications, and During Visit Procedures. The 'After Visit Procedures' section is expanded, showing a table of results.

Name	Type	Pref List	Px Code
e-Consult to Psychiatry: Integrated Behavioral Health (aka ibh)	E-Consult	BMC AMB GIM MEDS/ORDERS	ECON24
Referral to GIM Intgreted Behavioral Health (must have GIM PCP) (ak...	Proc Panel	BMC AMB GIM MEDS/ORDERS	O210201800

2. Complete the Order, including as much detail as possible on the consult question and clinical context. e-Consults cannot be completed without sufficient clinical information. If your question is regarding medication selection or titration, please share any information you have on prior medication trials, their effectiveness and/or any side effects the patient experienced, as well as any medication interactions or comorbidities that concern you regarding medication selection.



The screenshot shows the 'e-Consult to Psychiatry: Integrated Behavioral Health' order form. It includes a 'Process Inst.' section with instructions, a 'Priority' section with 'Routine' selected, and a 'Reason for E-Consult' section with 'Medication question' selected. There are also checkboxes for 'I confirm that the patient has not been seen by a psychopharmacology provider...' and 'Patient has provided verbal consent...'. A 'Comments' section is at the bottom with a rich text editor.

3. One of the IBH Psychiatrists will complete the e-Consult within 3-5 business days. You will receive a message in your Epic inbox upon completion. If you are



looking for a sooner response, please indicate this on the Order and IBH will attempt to accommodate your request.

Home > E-Consult 0 unread, 1 total

Done Complete Take E-Consult Place Order Open Chart

Status	Sent Date	Sent Time	From	Department
Read	10/15/2021	11:10 AM	Marie-Helene Saint-Hilaire, MD	Neurology

Message Visit Summary

TE

Tip S. Econsult
Male, 16 y.o., 1/1/2005
MRN: 9210615
Phone: 718-900-9000 (H)

PCP: None
Coverage: None

Message

Marie-Helene Saint-Hilaire, MD to Gertha Dabady, NP
Attached Progress Notes
E-Consult Written Report/Note:

I was asked by Gertha Dabady, NP to consult on this patient, Tip Sheet Econsult

Based on my review of the information provided, I would recommend: coming into the clinic for a thorough evaluation

My selected, determined Diagnosis/ies:
1. MS (multiple sclerosis) (HCC)

Please note this is an advice only encounter based on communication with another provider and brief review of the above question and information provided. There was no direct clinical evaluation. I did not personally obtain a history or complete a physical evaluation. I spent 30 minutes on this E-Consult.

[View previous messages](#)

Marie-Helene Saint-Hilaire, MD to Gertha Dabady, NP

Please also see the separate “BMC Requesting an E-Consult” tip sheet for more information about how to request an e-consult.